

ESEI's Guide for living in Barcelona !

Sports & Lifestyle

One day trips around Barcelona:

South of Barcelona:

Villanova & Sitges : is probably the most popular day trip for beachlovers. Forty kilometres down the coast, Sitges is a fishing village that became popular with wealthy Barcelonans as a summer retreat in the 1900s.

Tarragona: is 100km south of Barcelona. In Roman times, it was known as "Tarraco" and served as the capital of the Roman province of Hispania.

Port Aventura: theme park, with Costa Caribe water park.

North of Barcelona:

Girona: is a provincial capital and university town approximately 90km from Barcelona. It lies on the banks of the River Ter and the old town (climbing the hill on one side of the river) is very attractive with many interesting monuments and museums.

Montserrat: is the Catalan sacred mountain, the site of the shrine of the Virgin of Montserrat and the home of the Montserrat Monastery.

Terrassa: is in fact one of the towns included in the European network of art nouveau cities

Sabadell: also has an important Moderniste heritage, as well as interesting buildings from medieval times onwards.

also you can find more info about 1 day trips around barcelona under this link:<http://goo.gl/hwpOp>

Parks:

Park Guell: One of the most famous in Barcelona for Gaudi's work, attracts lots of tourists each day and is located near placà Lesseps

Park del Turo del Putget: Also located near placà Lesseps and has amazing views on the city.

Bunkers del Carmel: Famous spot to take extraordinary pictures of the city and a nice place to hang out with friends. Nearest metro is Alfons X (<http://goo.gl/P5xe0k>)

Cuitadella Park: This huge park is a nice place to see on a sunday, lots of different groups of people gather there to practice their hobbies. Nearest metro is Barcelonetta

Montjuic: The hill is full of different spots and cool places to hang out and is famous to host the Piknic Electronik Parties. Nearest metro is Paral-lel.

Beaches:

Barceloneta- Vila Olímpica : Begins shortly after the W hotel and goes all the way to CDLC, Shoko and the famous beach clubs.

Bogatell: Located further to the north after the famous beach clubs, a nice beach for sports.

for more beaches please review: ***One day trips around Barcelona***

Bars&Clubs:

Espit Chupitos: One of Barcelona's most famous shot bar, serving more than 500 different shots 2 Euros each.

Taberna Espit: Next door to Chupitos and they offer cheap cocktails and have a beer pong table.

Placa Reial: Has many different bars and clubs and the little streets around will have even more surprises.

Rambla del Born: Also has many little clubs and bars , good for bar hopping.

Place del Sol: Beers and tapas are generally best in Gracia.

SUTTON

CDLC

SHOKO

APOLLO

BLVD

RAZZMATAZZ

OTTO ZUTZ

Gyms:

DIR: A package with full access to the gym's facilities and classes usually is priced between 50-70 euros per month. Additional costs (locker,laundry) are not included. For more info visit : <http://www.dir.cat/ca>

Eurofitness: The the full package with additional bonuses costs 52 euros . (VIP membership) more info under : <https://es.eurofitness.com/ca>

Can Caralleu: Located very close to ESEI, our students will enjoy a 10% discount on monthly memberships. For more info please visit: <http://www.cancaralleu.cat/>

The School and it´s surroundings

We created this map to help you locate different places around the school where you can go to have a snack or a drink. We also included the nearest banks and stores you may need. <http://goo.gl/T51vnC>

Nice places to hang out in Barcelona - good to study and work:

<http://goo.gl/hbMxik>

N.I.E

In most cases, you should apply for NIE within the first 3 months that you entered into this country.

First you should make an appointment; sometimes the first available date is a month later. That's why we recommend for you to take that appointment as soon as you can and get the necessary documents ready while you are waiting for your appointment.

Here is the website you need to make the appointment and obtain a personal ID (NIE):

<https://sede.administracionespublicas.gob.es/pagina/index/directorio/icpplus/>

When you go to the website on the bottom of the page press Acceder al procedimiento.

Check Barcelona as Province available.

Check Certificados UE.

Enter and follow the process.

The documents needed for the appointment are:

-Confirmation of the appointment that was sent to your email (without it you cannot enter the office).

-Printed application, fully completed and signed, in duplicate.

This form may be obtained at:

<http://extranjeros.mtin.es/es/ModelosSolicitudes/>

Under the Modelo EX15.

(Note that the Model cannot be saved, you need to fill it in online and print it directly from the same computer)

-Passport or valid identification in force. Original and photocopy.

-Proof of the economic, professional and social reasons for the request.

- Enrollment letter provided by ESEI.
- Proof of accommodation (contract or apadronamiento)
- Medical insurance (if provided in your country, make sure Spain accepts it, if not the one they accept is Adeslas, that can be purchased in La Caixa bank or online).
- Proof of financial liability (in some cases not needed)

The fee for the allocation of Identity Number (NIE) to be paid prior to the withdrawal of the document in printed form 790 code 012 that comes in the issuing office.

If you are providing document from the other countries you need to translate to Castilian (Castellano) or co-official language of the territory Catalan.

Telecommunication services

Telecommunication services:

There are many different phone companies in Barcelona offering their services when it comes to mobile phones. Vodafone, Orange, Movistar and others. The prices differ depending on the package you are looking for. Companies offer a wide variety of services from cell phone contracts, landline contracts, Internet Access and even cable tv. Please note that without a NIE you cannot get more than a prepaid card. Once you have your NIE you can apply to get a monthly contract instead of a prepaid card. Big packages that include everything (and that will depend on what you have available in your flat or studio) can cost up to 75 euros a month. While getting a contract just for your cellphone can cost around 35 euros a month.

more info. found under the official websites of the companies:

- <http://www.orange.es/>
- <http://www.movistar.es/>
- <http://www.vodafone.es/>
- <http://www.yoigo.com/>

Please note that prepaid cards are also only sold at the official outlets and you need to have a valid ID or passport to get one.

Grocery shopping & Supermarkets

Generally all supermarkets vary only in the price quality ratio. DIA for example is known to have the cheapest prices but also known for its poor quality. As we climb the the ladder of the price quality ratio we find other spanish chains like caprabo,mercadona, consum and others are all closed on sundays. Only paki supermarkets are usually opened late hours and holidays.

Another option nowadays is to buy your groceries online through various supermarkets websites. The service for delivering the groceries to your door is between 7-10 euros.

Useful Links:

<http://www.eroski.es/>

<http://www.carrefour.es/>

For more information and details check this blog post "basic supermarket knowledge that every traveler needs to know"

<http://goo.gl/vioelU>

Transportation

TMB Tickets:

If you want to use public transportation such as buses, FGCs or metro you can buy tickets at the metro stations, lottery shops, TMB customer service centres, etc. Generally buying a ticket for just the first zone is enough to get you around the city. There are many options when it comes to buying metro/bus/FGC tickets. The best option for you is to buy the T-Mes, which gives you 70 movements within 30 days; this ticket costs 42.40 Euros. After you receive the NIE (or right away if you are an EU citizen) you can get the T-Jove which gives you unlimited travels for 3 months; this ticket costs 105 Euros.

Another option some people prefer is the T-10, allowing you 10 travels and costing around 10,30 Euros.

Places to get Tickets:

- TMB customer service centres
- Metro ticket offices
- Lottery shops
- Servicaixa
- The Metro's automatic vending machines
- FCG railway stations
- Newsagent's kiosks

More info can be found on TMB's website :<http://www.tmb.cat/>

Bicing:

Website: Bicing www.bicing.com

Annual membership:

Fee: 47,16 Euros

First 30 minutes for free

0,74 Euros for every 30 minutes after the initial half an hour but under 2 hours.

Bikes should be returned after 2 hrs to avoid a 4,49euro per hour fine.

There are penalty charges for exceeding two hours

To issue a bicing card you have to pay a fee of 4,54 euros

NOTE: IF YOU FAIL TO RETURN THE BIKE WITHIN 24 HOURS, YOU PAY A 150 EURO FINE.

Scooter rental: Cooltra motos offers ESEI students special prices for renting scooters in Barcelona, both electric and gasoline.

Gasoline :50€ - 116€

125€ - 125€

Electric: 99€

(please note that the prices include the helmet and insurance)

more info to be found under:<https://www.cooltra.com/en>

Carpooling:

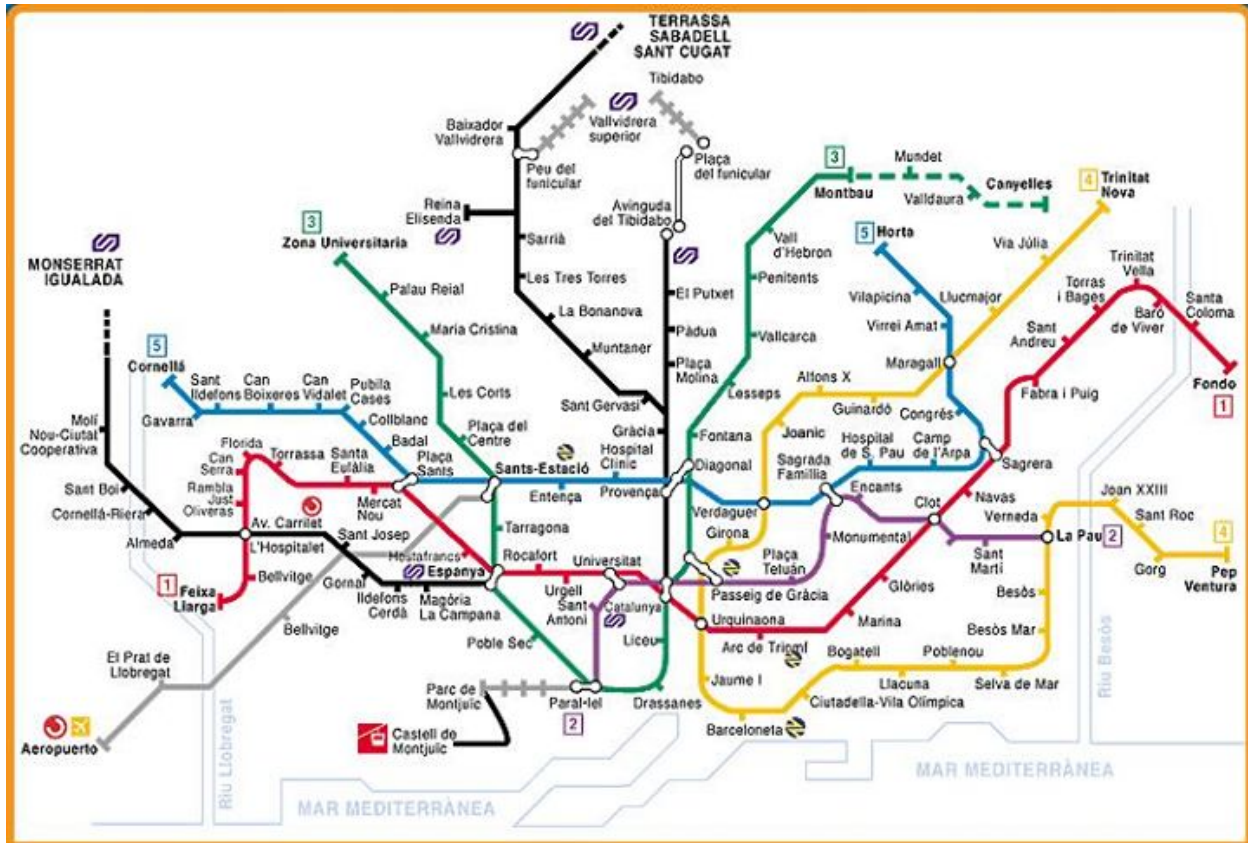
Carpooling is now becoming more popular in Spain and travelers from around Europe can now meet online and plan their trip together. It's a nice way to travel around and enjoy the scenery while keeping your costs low and meeting new people. www.blablacar.es and www.socialcar.com are the 2 recommended websites where you can get in touch with the people offering or needing a ride.

Also check out the top 10 apps to get about in barcelona under:

<http://goo.gl/Ut2sK4>

INTERNATIONAL BUSINESS SCHOOL BARCELONA **ESEI**

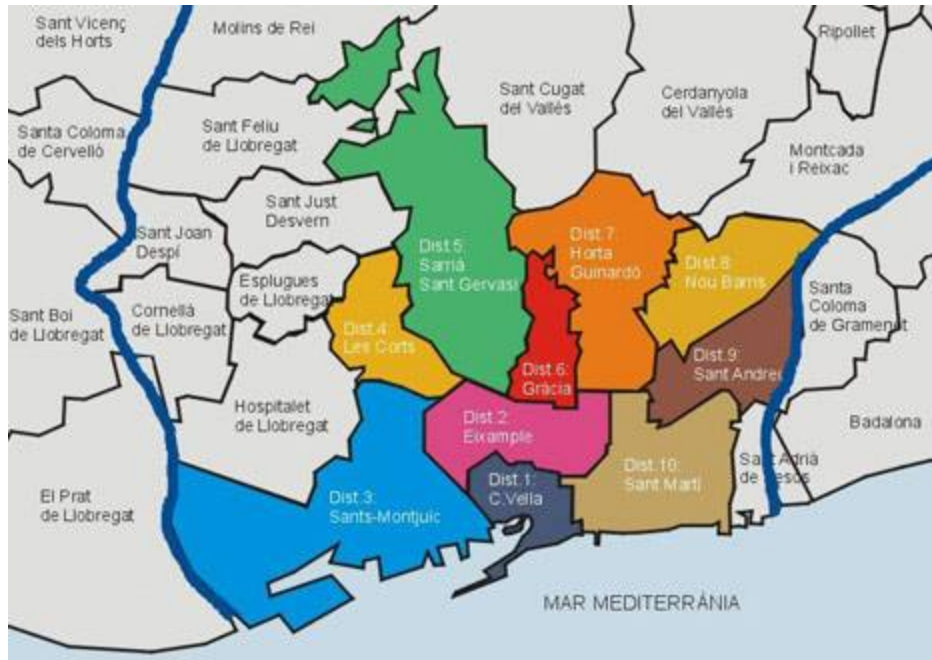




Districts and neighborhoods

As you can see on the map displayed, barcelona is divided into 10 districts:

- Ciutat Vella - Famous for the gothic quarter
- Eixample - Famous for las ramblas and plaza catalunya
- Sants-Montjuic- Famous for Barcelona's Train Station
- Les Corts- Famous for the Camp Nou
- Sarria/ Sant Gervasi - Famous for ESEI
- Gracia - Famous for Park Guell
- Horta Guinardo- Famous for its hills.
- Nou Barris - Famous for different cultures
- Sant Andreu -
- Sant marti - Famous for Port Olimpic



Accomodation

Apartments or Rooms: Finding an apartment or room in Barcelona is not an issue; there are plenty of apartments or rooms available for student. Generally the rooms are priced within a range of 300-500 euros per month depending on many factors including :

- The size.
- Private or shared bathroom.
- With balcony or not.
- Number of roommates.
- Including bills or not.
- Location

Here are some websites that can help you find rooms& apartments :

- www.loquo.com

- www.idealista.com
- www.fotocasa.es
- www.easypiso.com
- www.lloguerjove.com
- www.compartir-habitatge.net
- www.habitatgejove.com
- www.servihabitat.com
- www.lacomunity.com/

Studios/1 bedroom apartments are usually harder to find and more expensive. Costing from 600-1000 euros a month depending on the previously mentioned factors.